

What have we learned about traveling abroad?



TRAVEL INSURANCE

We need to remember to set up Travel Insurance for the travellers who are working.



- We need a credit card loaded with money, in case of a medical emergency



- Two supporters/advisers should go with group members if possible. This is not to disempower our self-advocates,



- However, should an emergency arise and we are a long way from home, it may be difficult to contact others immediately for advice and support.



- The emergency number will be different if we are in another country. Check what this is!



- We need to check whether visas are needed because when you enter some countries, you have to go through a formal interview procedure.



- In Canada, this was quite scary and border control asked lots of questions. People travelling need to know how to answer hard questions, without getting scared.



- We need to make sure luggage is not too bulky and can be carried easily by each person traveling, in case of an emergency.



- If we are boarding as a group, we need to make sure that we all go to the check in together, so that any seat changes can be agreed with the check in staff.



- If someone needs a double seat, we need to make sure that the arms on the seat lift.



We need to make sure that everybody has a copy of the address of the hotel, conference and area of every place that they are traveling to.



- We need to make sure that people have enough cash in the country's currency to take a taxi from the station, airport and ferry port. This could be a big amount of money – for example; a taxi in Canada from the international airport in Toronto costs anything from \$65 - \$85. This is about £30 - £40 in British money.



- We need to make sure that we have all our information and presentations on a memory stick; and any other information about the group. We also need to upload it onto shared drives over the internet, so we can use it abroad.